



Most Needed Items

We provide groceries based on USDA Guidelines for a Healthy Diet to all of our pantries and programs. Please help us provide the healthiest food possible to those in need by donating these **Most Needed Items**:



Oatmeal
(individual packets)



Canned Fruit in 100% Juice
(15 oz. cans)



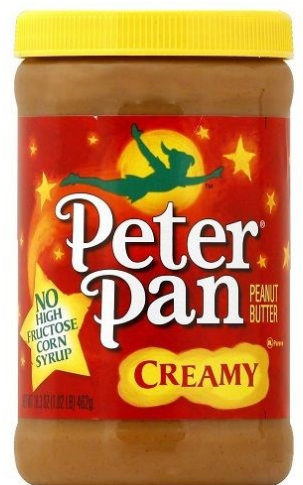
Chicken and Tuna
(10-12 oz. cans and pouches)



Canned Vegetables
(15 oz. cans)



Microwavable Meals
(e.g. Hormel Compleats)



Peanut Butter
(1 lb. jars and individual cups)

We also accept and appreciate all non-perishable food donations. To ensure food safety, we cannot take any rusty or unlabeled cans, perishable items, homemade items, noncommercial canned or packaged goods, alcoholic beverages, or items that have been used or opened.